



February 27, 2023

To Parents/Guardians,

East Side is collaborating with the Montana OPI and Park County Health Department to offer the 5<sup>th</sup> grade students a lesson on tobacco use prevention on March 1, 2023.

As students are wrapping up at East Side and getting ready to embark on their journey to middle school, we know that peer pressure ramps up and healthy decision-making becomes more important than ever. With community partners, we hope to arm students with background knowledge, refusal skills, and confidence to lean into the next phase of life!

The lesson on tobacco prevention will cover these broad topics:

- Dangers of tobacco use and addictive properties of nicotine
- Teen tobacco (general) and e-cigarette use over the years
- Safer doesn't mean safe – e-cigarettes do not contain "harmless water vapor"
- Healthy decision-making around tobacco use

If you have any questions, please reach out. Thank you for your support.

Sincerely,

Emily Raymond – PE and Health Teacher

Juanita Bueter - Park County Health Department

Kris Minard – MT OPI

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